



Fitch Hill Inn

A Bed & Breakfast

Heavenly Bananas

½ cup sour cream
2 tablespoons sugar
1 teaspoon orange peel
1 tablespoon orange juice
2 large bananas
4 tablespoons plain granola
Fresh mint

1. In small bowl, combine sour cream, sugar, orange peel, and orange juice and blend well.
2. Cut bananas into ½ pieces and add to sauce. Gently toss to coat.
3. Place granola in the bottom of the serving bowls and spoon bananas on top.
4. Garnish with fresh mint from the garden.

Yields 4 (1/2-cup servings)