



Fitch Hill Inn

A Bed & Breakfast

Egg Puff

Elegant and easy to make. This recipe is served in 4" ramekins .

- 1/4 cup sour cream
- 1/4 cup milk
- 3 eggs
- 2 shots Tabasco sauce
- 1/4 teaspoon mustard powder
- 1/2 cup shredded sharp Cheddar cheese

1. Preheat oven to 350°.
2. Spray 2 (8oz) ramekins with cooking spray.
3. Beat together sour cream, milk, eggs, Tabasco and dry mustard. Stir in cheese.
4. Pour into prepared ramekins.
5. Bake 35-40 minutes. Serve immediately.

Yields 2 servings.