

## **Baked Pears with Raspberry Sauce & Vanilla Yogurt**

These pears are a big hit. The topping and raspberry sauce can be made ahead of time and refrigerated. Don't be surprised if they lick the plates!

4 pears Cooking Spray

¼ tsp cinnamon1/8 tsp nutmeg¼ cup brown sugar1 Tbsp flour2 Tbsp butter, chilled

16-oz package frozen whole raspberries or fresh in season Sugar to taste

Vanilla Yogurt

- 1. Preheat oven to 350°
- 2. Spray baking dish with cooking spray
- 3. Peal and halve pears. Core our seeds using a thin metal tablespoon or melon-baller. Remove stem with two small cuts with a knife.
- 4. Mix cinnamon, nutmeg, flour and brown sugar together. Cut in butter until the topping becomes crumbly. (A mini-food processor helps with this.) If it gets sticky, chill until the butter hardens again.
- 5. Place pear halves in the baking dish core side down, sprinkle with the topping. Bake for 30 to 35 minutes.
- 6. Microwave frozen berries about 1 minute on high. Place a mesh sieve over a bowl and pour berries through to remove seeds. Work with a spoon to press the fruit through. Add sugar to taste.
- 7. Place each pear half on a small plate. Place a dollop of yogurt on one side of the pear and some raspberry sauce on the other side. Enjoy!

## Serves 8

Trick: Purchase the pears about 2 days ahead of time and place them in a paper bag. This will soften them for a better texture.